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### **Research Article**

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# DEVELOPMENT AND VALIDATION OF STABILITY INDICATING UV SPECTROPHOTOMETRIC METHOD FOR THE ESTIMATION OF ZILEUTON IN BULK AND TABLET DOSAGE FORM

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#### ABSTRACT

A Simple, sensitive and reproducible stability-indicating UV spectrophotometric method has been developed for estimation of zileuton in bulk and tablet dosage form using ethanol as solvent. The method is based on the measurement of absorbance at 229 nm. Beer's law is obeyed over the concentration range of 1-10  $\mu$ g/ml with correlation coefficient 0.999. The method was validated for linearity, accuracy, precision, Limits of detection (LOD), Limits of quantitation (LOQ). In addition forced degradation of zileuton was conducted in accordance with the ICH guidelines. Acidic hydrolysis, basic hydrolysis, thermal stress, peroxide and photolytic degradation were used to asses the stability indicating power of the method. Extensive degradation was found in thermal condition and less degradation in photolytic condition.

Keywords: Zileuton; UV Spectrophotometric; Stability indicating.

#### **INTRODUCTION**

Zileuton<sup>[1]</sup> is chemically N-[1-benzo (b) thien-2ylethyl]-N-hydroxyurea. It is official in USP<sup>[2]</sup>. It is indicated for the prophylaxis and chronic treatment of asthma in adults and children 12 years of age and older. It is an orally active inhibitor of 5lipoxygenase, and thus inhibits leukotrienes (LTB<sub>4</sub>, LTC<sub>4</sub>, LTD<sub>4</sub>, and LTE<sub>4</sub>) formation. The chemical structure of zileuton was shown in Figure 1. According to literature, zileuton and its inactive Ndehydroxylated metabolite in plasma was determined  $HPLC^{[3]}$  $LC/MS-MS^{[4]}$ . and An by UV spectrophotometric method <sup>[5]</sup> also reported for analysis in bulk and tablet formulation. Literature study reveals that so far there were no UV methods with forced degradation studies for zileuton. Present study describes UV Spectrophotometric method with forced degradation studies.

#### MATERIALS AND METHOD

*Instrument:* An Elico UV-Visible spectrophotometer SL 210 having spectral bandwidth of 1 nm and a pair

of 10 mm matched quartz cells were used for the absorbance measurements.

**Reagents and Pharmaceutical preparation:** Zileuton pure drug was procured as gifted sample from RA Chem Pharma Ltd, Hyderabad. Zileuton tablet dosage form of brand name GRILUTO CR, manufactured by Cadila Health Care Ltd, Goa was used for the analysis. All reagents and chemicals used were of analytical reagent grade and distilled water was used throughout the study. Solutions of 0.1N HCl ,0.1N NaOH and 3% w/v hydrogen peroxide were prepared in double distilled water and used for degradation studies.

**Preparation of standard stock solution (100 \mug/ml):** Accurately weighed quantity 10 mg of zileuton was transferred to 100 ml volumetric flask and dissolved in 10 ml of ethanol by shaking manually for 2 minutes. The volume was made up with same solvent up to the mark to give concentration of 100  $\mu$ g/ml solution.

Selection of analytical wavelength: To 10 ml volumetric flask added 0.5 ml of standard stock solution and the volume was made up to the mark with double distilled water to give concentration of 5  $\mu$ g/ml solution. The resulting solution was scanned from 200-400 nm which shows absorption maxima at 229 nm and graph was shown in Figure 2.

**Construction of calibration curve:** Aliquots of (0.1-1 ml) standard stock solution (100  $\mu$ g/ml) of Zileuton were transferred into a series of 10 ml calibrated volumetric flask. The volume was adjusted to the mark with double distilled water to obtain concentrations of 1, 2, 4, 6, 8 and 10  $\mu$ g/ml. Absorbance of each solution was measured at 229 nm against double distilled water as blank.

Estimation of Zileuton in tablet formulation: Weighed accurately about 20 tablets and triturated to fine powder. Tablet powder equivalent to 100 mg of zileuton was weighed and dissolved in 10 ml of ethanol with shaking and final volume is made up to 100 ml with ethanol. This was then filtered through Whatmann's filter paper No.41 to get concentration of 1 mg/ml solution. From this 4  $\mu$ g/ml solution is prepared and taken for analysis.

# STRESS DEGRADATION STUDIES OF ZILEUTON<sup>[6]</sup>

Stress degradation by hydrolysis under acidic condition: To 1 ml of stock solution(1000 µg/ml) of zileuton, 1 ml of 0.1 N HCl was added in 10 ml of volumetric flask and the volume was made up to the mark with ethanol. Then, the volumetric flask was kept at normal condition for 90 minutes. After 60 min. time interval, 1 ml of solution was pipette out from this flask, neutralised and diluted with ethanol in order to make the volume up to 10 ml and the dilution was carried out to achieve the appropriate concentration of (10 µg/ml). This solution was taken in cuvette. For the blank, 1 ml solution of 0.1N HCl was diluted with ethanol in 10 ml of volumetric flask. After 90 minutes, again 1 ml of the solution was pipetted out from the flask and the above procedure was repeated. The absorption spectrum was run from 200-400 nm.

Stress degradation by hydrolysis under alkaline condition: To 1 ml of stock solution of zileuton 1 ml of 0.1 N NaOH was added in 10 ml of volumetric flask and volume was made to the mark with ethanol. Volumetric flask was kept at normal condition for 90 min. After 60 min time interval, 1 ml of solution was pipette out from this flask, neutralized and diluted with ethanol in order to make the volume up to 10 ml and the dilutions were carried out to achieve the appropriate concentration of 10  $\mu$ g/ml. The solution was then taken in cuvette. For the blank, 1 ml solution of 0.1N NaOH were taken and diluted with ethanol in 10 ml volumetric flask. After 90 minutes, 1ml of solution was again pipette out from the flask and the above procedure was repeated. The absorption spectrum was run from 200-400 nm.

**Oxidative degradation:** To 1 ml of the stock solution of zileuton (1000  $\mu$ g/ml), 1 ml of 3% w/v of hydrogen peroxide was added in 10 ml of volumetric flask and the volume was made up to the mark with ethanol. The volumetric flask was then kept at room temperature for 15 min. For the blank, 1 ml of the 3 % w/v of hydrogen peroxide was kept at normal condition for overnight in 10 ml of volumetric flask. Both solutions were heated on boiling water bath to remove the excess of hydrogen peroxide. Finally, after 15 minutes dilutions were made from the stock solution to achieve the required concentration. The absorption spectrum was run from 200-400 nm.

**Thermal degradation:** Zileuton sample was taken in a petriplate and exposed to a temperature of 70°c for 48 hours in an oven. After 48 hours, 10 mg of the sample was diluted with ethanol in order to make the volume up to 10 ml. From this solution, dilutions were carried out to achieve the appropriate concentration of 10  $\mu$ g/ml and the absorption spectrum of the resulting solution was run from 200-400 nm.

**Photolytic degradation:** Sample of zileuton was exposed to near ultraviolet lamp in photostablity chamber illumination of more than 1.2 million lux hours. 10 mg sample was dissolved in ethanol and volume was made up to 10 ml. From this solution 10  $\mu$ g/ml was made using ethanol and the resulting solution absorption spectrum was run from 200-400 nm.

#### **RESULTS AND DISCUSSION**

The method is validated in accordance with the current ICH guidelines.

*Linearity and range:* Calibration graph obtained by plotting absorbance versus concentration were found to be linear in the concentration range of 1-10  $\mu$ g/ml. Results are shown in Table 1 & Figure 3.

*Precision:* The intra-day precision of the proposed method was determined by making six replicate injections of three different concentrations of standard solution on the same day. Inter-day precision was evaluated by analysing the three

different concentrations on different days. The percentage RSD was calculated for each case and presented in Table 2. The lower value of % RSD indicates the method is precise.

*Accuracy:* Accuracy of the method was determined by preparing solutions of 80%, 100% and 120% in which the amount of marketed formulation was kept constant and the amount of pure drug was varied. Solutions were prepared in triplicates and accuracy was indicated by % recovery. Results are shown in Table 3.

*Assay:* The commercial formulation of zileuton was successfully analysed and the results was shown in Table 4.

*Sensitivity:* Sensitivity parameters such as molar absorptivity, sandell's sensitivity, limit of detection and limit of quantitation are calculated. The values showed high sensitivity for the above method. The results are shown in Table 5.

**Stability:** In degradation studies zileuton showed maximum degradation in case of dry heat condition which shows less stability. Upon exposure to heat and U.V light zileuton samples were converted to yellow colour. The results for hydrolytic degradation in acidic and alkaline media, oxidative degradation,

thermal degradation and photolytic degradation were summarized in Table 6.

#### CONCLUSION

A simple, sensitive and appreciable stability indicating UV spectrophotometric method has been developed for quantitative determination of zileuton in bulk and tablet dosage form . The UV spectrum was scanned between 200 to 400 nm and 229 nm was selected as maximum wavelength for absorption. Beer's law was obeyed in the concentration range of 1-10 µg/ml. Accuracy (98.9 - 99.1 %) and the method was successfully applied to the pharmaceutical dosage form containing the zileuton drug without any interference by the exipients. The method was fast and economical and it was also selective and sensitive for the desirable range. Results of the analysis were validated as per ICH guidelines and by recovery studies. Stability testing study includes the effect of temperature, oxidation, photolysis and hydrolytic. The drug is more degradation in thermal stress and less in photolytic.

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Table 1: Linearity of Zileuton			
Concentration(µg/ml)	Absorbance		
1	0.1012		
2	0.2104		
4	0.4446		
6	0.6714		
8	0.8752		
10	1.1190		

Table 1. Linearity of Zileuton

Table 2	: Intraday	and	Interday	precision

	Intraday		Interday	
Con. taken (µg/ml)	Con. found <sup>*</sup> (µg/ml)	%RSD	Con. found* (µg/ml)	%RSD
2	2.02	0.96	2.08	0.98
4	4.13	0.86	4.11	0.88
6	6.15	1.1	6.34	1.2

\*average of six determinations

Table 3: Recovery results of Zileuton					
% Spike level	Sample Concentration(µg/ml)	Con. added (µg/ml)	Con. found (µg/ml)	% Recovery	Statistical parameters
	4.0	3.2	3.17	99.0	Mean=99.1
80	4.0	3.2	3.19	99.6	SD=0.458
	4.0	3.2	3.16	98.7	%RSD=0.462
100	4.0	4.0	3.98	99.5	Mean=98.9
	4.0	4.0	3.93	98.2	SD=0.655
	4.0	4.0	3.96	99.0	%RSD=0.663
120	4.0	4.8	4.76	99.1	Mean=98.9
	4.0	4.8	4.72	98.3	SD=0.529
	4.0	4.8	4.7	99.3	%RSD=0.535

Table 4: Estimation of Zileuton in marketed formulation				
Tablet	Drug	Labeled Claim (mg)	Amount Found (mg)	% Recovery±SD
Griluto CR	Zileuton	600 mg	597.84	99.64±0.0087

Table 5: Regression and Optical parameters				
Regression Parameter				
Regression Equation*	Y=0.111X-0.006			
Slope (b)	0.111			
Intercept (a)	-0.006			
Correlation Coefficient (r <sup>2</sup> )	0.999			
%RSD**	0.107			
Optical Parameters				
Absorption Maxima (nm)	229			
Linearity Range (µg/ml)	1-10			
Molar Absorptivity $(lit.mol^{-1} cm^{-1})$	$2.56 \times 10^4$			
Sand ell's Sensitivity	0.0092			
( $\mu g/cm^2 / 0.001$ abs unit)				
% range of errors				
0.01 level	0.1323			
0.05 level	0.0894			
Limit of Detection (µg/ml)	0.2612			
Limit of Quantification (µg/ml)	0.7917			

\* Y=bX+a, where X is concentration of Zileuton in  $\mu g/ml$  and Y is the absorbance at  $\lambda_{max}$ 

\*\* For six replicate samples.

Table 6: Results of Stress Degradation Studies			
Condition	Time	% Degradation	
	60 minutes	2.20%	
0.1N NaOH	90 minutes	2.29%	
	60 minutes	2.3%	
0.1N HCl	90 minutes	2.36%	
3% w/v Hydrogen peroxide	15 min.	1.81%	
Dry heat 70°c	48 hrs	17.3%	
	3 hrs	0.52%	
Photolytic	6 hrs	0.76%	



Figure 1: Chemical structure of Zileuton



Figure 3: Calibration curve of Zileuton

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