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### **Research Article**

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## DEVELOPMENT AND CHARACTERIZATION OF CONTROLLED RELEASE SPHERICAL AGGLOMERATES BY USING THE QUASI-EMULSION SOLVENT DIFFUSION METHOD

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#### ABSTRACT

Aspirin is moisture sensitive drug and having poor flowability and compressibility, it is necessary to increase the flowability and compressibility of Aspirin. Spherical crystallization of aspirin was done by quasi-emulsion solvent diffusion method (QESD). 3<sup>2</sup> factorial design were used to study the effect of agitation speed and amount of polymer in development of spherical agglomerates. Agglomerates were evaluated for micromeritics properties, drug release, scanning electron microscopy, differential scanning calorimetry, Karl Fischer titration, infrared spectroscopy, X-ray diffraction. Flowability and compressibility properties of agglomerates were good enough to adopt direct compression technology. *In vitro* drug release of optimized formulation shows 98% .X-ray diffraction and thermal analysis reveal the conversion of crystalline drug to amorphous. FTIR of agglomerates does not shown any extra peaks as compared to pure drug. Controlled release aspirin agglomerates were prepared successfully by QESD method. The method was simple, inexpensive and reproducible.

Keywords: Aspirin, Spherical crystallization, Factorial design, Quasi-emulsion, Moisture sensitivity.

### INTRODUCTION

Aspirin has a direct irritant effect on gastric mucosa due to inhibition of prostaglandins and prostacyclin and thus causes ulceration, epigastric distress and haemorrhage. So as to reduce the side-effects the controlled release formulation of aspirin has to be prepared. <sup>[1, 2]</sup>Chemically, aspirin is degraded by water to salicylic acid and acetic acid. Drugs in the solid state can have significant influences on a variety of physical and chemical properties <sup>[3]</sup> and it is essential to characterize the effect of moisture on these individual components.<sup>[4]</sup>Direct compression is the most efficient process used in tablet manufacturing but it requires different properties of such powder as good flowability, good compressibility, and bulk density. Many of the crystals do not exhibit these properties; hence it is necessary to improve these properties. As, Aspirin is having poor flowability and compressibility, it is necessary to increase the flowability and compressibility of Aspirin also it is moisture sensitive drug, hence there is need to avoid these major problems<sup>[5, 6]</sup>

All the problems associated with Aspirin could be overcome by the technique known as spherical crystallization, is a novel particle engineering technique by which crystallization and agglomeration can be carried out simultaneously in one step to transform drug crystals directly into a compacted spherical form and direct compression is possible. Spherical crystallization has been developed by Yoshiaki Kawashima and co-workers as a novel particulate design technique to improve processibility such as mixing, filling, tableting characteristics and dissolution rate of pharmaceuticals.<sup>[7]</sup> This can be achieved by quasi-emulsion solvent diffusion method of spherical crystallization technique it is a simple process that is also inexpensive enough for scaling up to a commercial level.<sup>[8]</sup>The present work is to develop a controlled release formulation of aspirin to increase bioavailability and to reduce risk of hospitalization for heart failure, coronary thrombosis with improved physicochemical property of aspirin.

#### MATERIALS AND METHODS

**Material:** Aspirin was obtained as a gift sample from Cipla Pharmaceutical Ltd, Kurkumbh, Pune, India. Hydroxypropyl methyl cellulose (HPMC K 15 M), Ethyl cellulose were procured from Loba Chemicals, Mumbai. All solvents were of analytical grade.

Spherical Crystallization <sup>[9-11]</sup>: Quasi emulsion solvent diffusion method were used to obtained spherical agglomerates in which the, aspirin (1 gm) was dissolved in acetone. This solution was added into solution of various concentrations of HPMC K-15M (200 mg) and Ethyl Cellulose (700 mg) in acetone and chloroform. This resulting solution was then poured drop wise in to the distilled water. The resultant emulsion was stirred continuously at the speed of 1000 rpm using propeller type agitator at room temperature system for 10 min then the prepared agglomerates were collected by filtration and the spherical crystals were washed with distilled water and dried in a desiccator. The amount of HPMC K 15 M and agitation speed were selected as independent variables (factors), which were varied at three levels (low, medium and high). Whereas the percent drug release at 8 h and Carr's index used as dependent variables (responses).Design-Expert 8.0.6.1 software (Stat-Ease Inc., USA) was used for generation of polynomial equations and evaluation of the statistical experimental design and intensive grid search was performed over the experimental domain. Coded and actual values of variables and the experimental values are shown in Table 1.

**Determination of Drug Content** <sup>[11]</sup>: For the determination of drug content, agglomerates equivalent to 10mg of Aspirin were powdered and dissolved in 10 mL phosphate buffer (6.8) vortexes for 20 min. The solution was filtered and after sufficient dilution with phosphate buffer pH 6.8 analysed for drug content at 265.4 nm.

*Micrometric properties* <sup>[12]</sup>: Flowability characters were determined by the measurement of angle of repose by fixed funnel method. The loose bulk density (LBD) and tapped bulk density test apparatus. Carr's index and Hauser's ratio were calculated using LBD and TBD values.

*In-vitro drug release studies*<sup>[11]</sup>: The dissolution of spherical agglomerates of aspirin was determined by

using USP dissolution apparatus II (Electro Lab, Mumbai). Dissolution medium was 900 ml 1.2 phosphate buffer for 2 hour, after 2hrs replace it with 6.8 phosphate buffer for 6hrs at 50 rpm. The dissolution data recorded and analysed to calculate the amount of drug release and percentage cumulative drug release at different time intervals from various formulations withdrawn at 0.5,1,2,3,4,5,6,7,8 h intervals.

*Determination of moisture sensitivity* <sup>[13, 14]</sup>: Moisture content of the batches was determined by Karl Fisher method using Karl Fisher titrator and by Spectroscopic Methods. In this study drug sample and spherical agglomerates were exposed to atmospheric conditions for 2, 4, 6 and 24 hrs. Then samples were analysed by using FTIR Spectroscopy, the scans were evaluated for presence of principle peaks of drug, shifting and masking of drug peaks and appearance of new peaks due to interaction of moisture.

## **Characterization of Agglomerates**<sup>[12, 15]</sup>

*Scanning electron microscopy (SEM) study:* The scanning electron microscopic photographs of pure Aspirin and spherical agglomerates of Aspirin were obtained using Scanning Electron Microscope (Model-JEOL-JSM-6360A) to confirm and identify spherical nature.

*Differential scanning calorimetry (DSC) study:* The DSC study was carried out to detect possible transitions during process for preparation spherical agglomerates of Aspirin. The DSC patterns were recorded on a Mettler Toledo (Stare SW 920).

**Powder x-ray diffraction:** X-ray diffraction patterns are recorded using X-Ray diffractometer. Sample tubes are filled completely with sample and irradiated with monochromatized Cu Ka radiation and analysed between 10° and 60°at 30 kV voltages and 30 mA current.

**Stability Study:** A three month accelerated storage study of the agglomerates was carried out at  $40^{\circ}$ C and 75 % relative humidity. The flowability, release profiles and drug content were determine at the end of one, two and three months and compared with those of aspirin agglomerates.

### **RESULT AND DISCUSSION**

Spherical agglomerates of Aspirin were prepared by the simple agglomeration technique quasi emulsion solvent diffusion method, using a three solvent system. It involves a good solvent, poor solvent and bridging liquid. Acetone, chloroform and water were selected as a good solvent, bridging liquid and poor solvent, respectively. The spherical agglomerates were prepared by using HPMC K-15 M, Ethyl Cellulose because they are most widely used matrixforming polymer because of its excellent compatibility, multifunctional property and cost effective and agglomerates of better strengths are obtained and which are compressible easily into Agglomerates.

In vitro release profiles of Aspirin showed that a reduction in the amount of HPMC K15M resulted in an increase in the release rate of Aspirin when the amount of drug and ethyl cellulose was kept constant. So when the amount of HPMC was decreased the release increased to 94.44±0.36. At higher concentration the release of aspirin was much extended due to an increase in the viscosity of the gel as well as the formation of a gel layer with a longer diffusional path with an increase in the concentration of HPMC. Carr's index and Hausner ratio were15.43±0.07, 1.18±0.002 respectively which revealed that, it has better micromeritic properties than other bathes. Thus for optimization the independent variable (X1) amount of HPMC at three levels 150, 200 and 250 mg was selected for further studies. As the agitation speed was varied from 500 to 1500 rpm, formed agglomerates at 500 rpm was very large in size and less spherical and at 1500 rpm agglomerates are spherical but are very fine whereas at 1000 rpm agglomerates are of optimum size and shape. Thus for optimization agitation speed was chosen as independent variable (X2) at three levels 800, 1000, 1200 rpm was selected. By the  $3^2$  factorial design amount of HPMC K 15 M(X1, mg), agitation speed(X2, rpm) were selected as independent variables (factors). The percent drug release at 8 h (Y1) and Carr's index (Y2) used as dependent variables (responses). Formulations F1 to F9 were prepared using three different levels. The responses of the dependent variables were evaluated. Design-Expert 8.0.6.1 software (Stat-Ease Inc., USA) was used for generation of polynomial equations. The fitted regression equations relating the responses Carr's index and release are shown in the equations-

**Equation for % drug release** 

Equation for Carr's index

 $\begin{array}{l} (Y2) = 13.88 + 0.96 X1 \ - \ 1.18 X2 \ + \ 0.48 X1 X2 \ - 0.42 X1^2 \\ + 0.0.43 \ X2^2 [R^2 = 0.9971, \ F \ value = 10.08, \ p < 0.05] \end{array}$ 

ANOVA results indicated that all the models were significant (p<0.05) for all responses under investigation. The close resemblance between observed and predicted response values (**Table 2**)

indicates the validity of the generated model. The experimental and predicted value for both the response variables shows linear correlation plots between the observed and predicted values. The graph shown in **Figure1** demonstrates high values of  $R_2$  (>0.9) indicating excellent goodness of fit.

Micrometric properties: Pure drug exhibits poor flow characteristics (Carr's index: 34.78±0.009%, angle of repose:  $42\pm0.007^{\circ}$ ). It is inferred that agglomerate formation due to HPMC K 15 M and ethyl cellulose favoured sphericity, which leads to improved flow. Factorial design can serve as an essential tool to characterize multivariable. By varying independent variables, the values of F1 to F9 obtained for Carr's index (11.32±0.004 to 15.51±0.009), Hausner's ratio (1.12766±0.134 to 1.1875±0.004) and angle of repose (28.44±0.2650 to 32.47±1.680) shows good flowability and compressibility properties. Both the factors such as HPMC K 15 M and agitation speed favoured lowering of Carr's index. Effect of independent variables X1 and X2 on Carr's index can be explained with response plot (Figure 3a) which shows that increase in amount of polymer increases the Carr's index at the same time increase in agitation speed revealed same effect.

In-vitro drug release studies: Percentage drug release of aspirin agglomerates decreased with increase in concentration of HPMC K 15 M in the solution and in agitation speed. As shown in Figure2% drug release of F1- F9 formulation was 95.39±0.28, 98.88±0.16, 96.37±0.38, 92.95±0.02, 94.44±0.36, 96.58±0.27, 85.32±0.33, 87.41±0.47, 91.04±1.77 respectively. Second variable is agitation speed, as the Agitation speed increases from F1-F3, F4- F6, F7- F9 the % drug release is also increased this is because with increasing agitation speed of the system, the shear force applied to the droplets increased, leading to more dispersed and consolidated droplets. This results in a reduction in particle size of the product. Significant size reduction with narrow distribution considerably enhances the size dissolution due to increased surface area. The same result can be explain with the response plot in Figure 3b.The In-vitro release data of optimized Agglomerates were treated with different kinetics models to explain the release kinetics of Aspirin from spherical agglomerates. Among all model, Higuchi model was considered as the best fitted model with the highest value of correlation coefficient (r2). The value r2 for optimized formulation prepared with HPMC K15 M and Ethyl Cellulose was found to be 0.9971 and the drug release mechanism is controlled by diffusion through matrix.

*Karl Fischer titration (KFT):* Karl Fischer titration is used to measure the moisture content of the sample. The pure drug and spherical agglomerates are exposed to KFT and the results are obtained initially and after exposure of both the samples to atmospheric conditions for 2, 4, 6 and 24 hrs are shown in table 3. Pure drug show increase in moisture content from 0.1069 to 0.5997%; whereas initially spherical agglomerates and after exposure to atmospheric condition for 2 hr show very slightly increase in moisture from 0.1867 to 0.1872 %. It shows that moisture absorption by the spherical agglomerates was significantly very less than the pure drug.

Spectroscopic Methods: The most useful spectral methods for the characterization of water in solids are Fourier transform infrared spectroscopy (FTIR). By comparison of the FTIR spectra for the anhydrous form with those of the sample with water, the -OH bands for water can be identified. The principal peaks of the aspirin shows at 1749cm-1(C=O ester), 1680cm-1(C=C), 1255cm-1(C-O), 970cm-1 (O-H), 1720cm-1 (COOH). The FTIR spectra of drug after exposure to 24 hrs to moisture shows appearance of extra peaks after 2, 4, 6 and 24 hrs at intensities 2650-2880 cm<sup>-1</sup>(aldehyde), 2960-2850 cm<sup>-1</sup> (c-h stretching in alkanes), 1400 cm<sup>-1</sup> (OH bending broad), 1280 cm<sup>-1</sup>(C-O stretching of carboxylic acid) may be because of degradation of drug due to absorption of moisture. In contrast spherical agglomerate shows no any extra peak and retention of all the principle peaks shown in Figure 4. This indicates that there is no interaction of agglomerates with the moisture.

Scanning electron microscopy (SEM) study: The surface morphology of the agglomerates was accessed by scanning electron microscopy (SEM). The pure drug powder was in the form of fine needles, which is in agreement. This long-needle form of aspirin leads to very poor flow and compression difficulties. The surface morphology of prepared agglomerates shows in **Figure 5**, the prepared agglomerates were spherical in shape with slight rough surface, which give them good flowability and compressibility.

*Differential scanning calorimetry (DSC) study:* The DSC was carried out to study the compatibility or any interaction of drug and polymer after the formation of agglomerates. The Thermal analysis indicated that the DSC scan of the drug presented a sharp endothermic peak at 141-142°C corresponding to its melting transition temperature (**Figure 6**). The spherical agglomerates of Aspirin showed

endothermic peak at 138°C.Hence, there was no significant change in the position of peak of the drug in the spherical agglomerates of Aspirin but there is change in the relative intensities of the peak of the drug indicating decreased crystallinity.

Powder x-ray diffraction: Powder X-Ray Diffraction Analysis (PXRD) is the primary tool for characterization and monitoring of solid-state properties of the active ingredients and excipients. Pure drug exhibited intense and long peaks (Figure 7 A) whereas spherical agglomerates showed a halo pattern with less intense peaks, which indicate a considerable decrease in crystallinity of the drug in the form of spherical agglomerates (Figure 7 B). The results also indicated that polymorphic changes had not been detected after recrystallization, since all XRD peaks of the spherical agglomerates were consistent with the pattern of original drug crystals. Stability study: Spherical agglomerates show good flowability and compactability. Carr's Index and Hausner's Ratio are in the range of 11.32±0.4 to 12.00±0.1 and 1.12±0.02 to 1.14±0.01.Drug Content of the spherical agglomerates was 98.96±0.20 initially and after 1, 2 and 3 months was98.89±0.12, 98.84±0.102 and 98.60±0.01 respectively. This shows there was no significant change all the values are within the limits of official standard. Initial % drug release of the spherical agglomerates was 98.88±0.16 %. After exposure of agglomerates to stability conditions for the period of 1, 2 and 3 months 98.83±0.09, 98.81±1.01 and 98.78±0.02 respectively, which shows no significant change in % drug release this indicates the spherical agglomerates are stable.

### CONCLUSION

Spherical agglomerates of Aspirin were prepared by quasi emulsion solvent diffusion technique which is a simple and inexpensive for scaling up to commercial level. It reduces the cost and time by enabling faster operation, less machinery.Flow characteristics of agglomerates indicated that they were good enough to adopt direct compression technology. Speed of agitation and amount of polymer affect the mechanical and micromeritics properties of spherical crystals. The results obtained in this study have yielded a relatively simple aspirin formulation using combination of HPMC K15 M and Ethyl cellulose which provides controlled release for 8 hrs with reduced side effects and improved physicochemical properties with reduced moisture sensitivity of aspirin. The present method is efficient method for the preparation of controlled release spherical agglomerates of aspirin.

Batch	Variable	e levels in Coded form	Actual values of variables		
Code	X <sub>1</sub>	$\mathbf{X}_2$	X <sub>1</sub>	X <sub>2</sub>	
F1	-1	-1	150	800	
F2	-1	0	150	1000	
F3	-1	+1	150	1200	
F4	0	-1	200	800	
F5	0	0	200	1000	
F6	0	+1	200	1200	
F7	+1	-1	250	800	
F8	+1	0	250	1000	
F9	+1	+1	250	1200	

#### Table 1: 3<sup>2</sup>Factorial Design for Preparation of Optimization Batch

\*All the batches were contains 1gm Aspirin, ethyl cellulose 700 mg, 10 ml acetone, 1ml chloroform.

X1	X2(agitation		Predicted result		Actual results	
(HPMCK	speed i	'n	% drug	Carr's	% drug	Carr's index
15Min mg)	rpm)		release	index	release	
150	1100		97.38	11.66	97.39±0.007	12.2534±0.143
151	1100		97.41	11.77	97.43±0.01	12.0476±0.069
153	1000		97.42	11.83	$97.44 \pm 0.014$	11.8512±0.015
153	1100		97.43	11.95	97.45±0.15	11.7512±0.013
155	1120		97.27	12.00	97.46±0.014	11.5761±0.059

Table 2: Validation of response surface model

\*The values represent the average of three determinations± S.D (n=3)

#### **Table 3: Results of Karl Fischer titration**

Sample	KFT result	After exposure to atmosphere for 2 Hrs
Aspirin	0.1069%	0.1089%
Spherical agglomerates (F2)	0.1867%	0.1869%



between (a) predicted and observed % Drug Release (Y1), (b) predicted and observed Carr's index (Y2)



Figure 2: Cumulative % drug release from Factorial Batches F1-F9



Figure 3: Response surface plot showing effect of formulation variables on percent drug {a. Carr's index (Y2) b. release at 8 h (Y1)}



Figure 4: FTIR spectra A) drug and B) agglomerates when exposed to moisture conditions at time interval of B) 2hr C) 4hr D) 6hr E) 24 hrs.



Figure 5: SEM of Aspirin and spherical agglomerates



Figure 6: DSC Thermogram for Drug, HPMC K 15 M, Ethyl Cellulose, Physical mixture and spherical agglomerates



# Figure 7. Powder X-Ray Diffraction A. Pure Aspirin B.Spherical Agglomerates of Aspirin

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